In every corner of the world, one can find people afflicted with hunger. In a world that produces more than enough food for all people to eat and live healthy lives, the latest estimates show up to 870 million people – more than 1 of every 10 people alive right now – do not have enough food to eat. This is a number that has been steadily increasing in recent years.

With so many people at risk, we all have an obligation to help provide food to those who need it, and to do what we can to ensure that no person goes hungry. This compassion and generosity is the driving force behind Embrace Relief’s International Hunger Relief: Ramadan 2022 campaign, continuing our work of serving food packages, meals, and other assistance in more than a dozen countries over the past decade.
Thanks to the generous support of our donors, our Ramadan 2022 program was a success.

During the month of April 2022 alone...

we distributed food packages or hot meals to approximately 36,000 people spread over four continents – from our backyard in the United States, to Yemen and Afghanistan, to sub-Saharan Africa, and beyond.

36,000 people served represents a 20% increase on what we achieved during our Ramadan 2021 program
Our IMPACT:
TANZANIA

Numbers don’t tell the full story. On the ground, we found that people in many of the countries in which Embrace Relief operates were facing elevated levels of hunger in 2022, making programs like ours even more important.

In Tanzania, where Embrace Relief had its widest food distribution during Ramadan 2022, nearly 10 percent of the population is under-nourished, according to the United Nations’ World Food Programme, and nearly a third of children under the age of 5 face chronic malnutrition.

A THIRD OF CHILDREN UNDER THE AGE OF 5 FACE CHRONIC MALNUTRITION
Ramadan 2022 fell during the rainy season in Tanzania, a particularly tough time for those who do not have the resources to obtain enough food. The logistical challenges caused by the heavy rains and flooding mean that people, especially in the inner cities of the country, are unable to travel to obtain a proper amount of food.

"When we go to the distribution points, people tell us how much it means to them [...] you see it in their faces, how thankful they are. And then they say, ‘You have really helped us a lot and provided for us. And this means a lot to us’"

-MOHAMED KITENDO
CHARITY DEPARTMENT COORDINATOR AT ISHIK & EMBRACE RELIEF PARTNER
In total, Embrace Relief was able to deliver food packages and hot meals to 8,950 people in Tanzania during Ramadan 2022.

Kitendo added that he sees Ramadan as a time for people to wake up to the hunger that is widespread everywhere. Donating food during this month is important, of course, and the month-long fast is an ideal time to become aware of what so many millions of people deal with every day. But it is crucial for that awareness to stick once Ramadan ends.

For us, we do fast for 13 hours, from morning to evening, during Ramadan, but for those who don’t have anything to eat in the evening, it is a second fast. Providing food to people saves them from this double burden. That’s why [donating food during] this time is very important. But it’s also a call beyond myself that we must go beyond the month of Ramadan. That hunger and suffering is there every day, everywhere. This cannot be forgotten, and I call on people to understand that we must help people even outside of this month.

-MOHAMED KITENDO
CHARITY DEPARTMENT COORDINATOR AT ISHIK & EMBRACE RELIEF PARTNER
Our IMPACT: YEMEN

Compared to Tanzania, the situation in Yemen, where conflict has been ongoing since 2014, is significantly more catastrophic. Disruptions to the food supply – and disruptions to basic life in general – occur regularly, putting as much as 75 percent of the population at risk for starvation.

EVERY LITTLE BIT OF AID CAN BE THE DIFFERENCE BETWEEN LIFE OR DEATH.

DURING EACH DAY OF RAMADAN 2022, EMBRACE RELIEF PROVIDED 210,000 VITAL SERVINGS OF BREAD TO 1,400 YEMENIS PER DAY
Embrace Relief delivered food packages to 600 families in need in Yemen.

Each of these baskets included enough basic foodstuffs to provide roughly three weeks’ worth of meals for an average family.

INGREDIENTS INCLUDED:
- 25 KILOGRAMS OF FLOUR
- 5 KILOGRAMS OF SUGAR
- 5 KILOGRAMS OF RICE
- 2 LITERS OF COOKING OIL
- 4 KILOGRAMS OF DATES

International aid organizations have been able to provide some measure of relief over the past eight years, but reductions in funding in 2022 – as much as a 70-percent reduction, according to Mona Hantash, Project Coordinator at Embrace Relief, have created even greater urgency to provide Yemenis with much-needed food and other supplies.

There is a huge need in Yemen for aid of all kinds, and the demand for it is increasing, especially for food aid. This year and for many reasons, a lot of global attention was directed to other events in countries other than Yemen.

- MONA HANTASH
PROJECT COORDINATOR AT EMBRACE RELIEF
Our IMPACT: USA

Despite being the richest nation on Earth, the United States is not immune to hunger. Nearly 40 million people – slightly under 1 out of every 8 – faced food insecurity in 2020. With the COVID-19 pandemic and economic instability creating a precarious living situation for so many millions of Americans, there is still a great need for food assistance among our immediate neighbors.

In total, Embrace Relief was able to deliver food to more than 2,400 people in 5 locations spread throughout the US during the month of Ramadan.
In Clifton, New Jersey, a short distance from our main office in Caldwell, Embrace Relief provided food packages to more than 300 families.

Similar packages were distributed to another 100 families in Allentown, Pennsylvania, as well as to 60 families in Atlanta, Georgia.

In Providence, Rhode Island, Embrace Relief served hot meals to 175 people at the St. Martin De Porres Center.

And in Charlotte, North Carolina, we provided a hot meal for 50 women in an area women’s shelter.
The ongoing refugee crisis in Greece has been a focal point for Embrace Relief’s commitment to refugees. The country is now home to an estimated 90,000 people who have fled their homes due to conflict, climate change, or other reasons.

The living conditions for these tens of thousands of refugees in Greece are far from ideal. As they await the opportunity to start new lives in a more settled living situation, many are struggling to access basic needs, including food. During Ramadan 2022, Embrace Relief worked to fill in the gap, delivering food packages and vouchers to more than 1,300 refugee families in the country.
Embrace Relief also helped to support recently arriving refugee families fleeing the conflict in Ukraine, providing 100 food packages to Ukrainian families during Ramadan.

To celebrate the breaking of the Ramadan fast at the end of the holy month, Embrace Relief also organized an “Eid Festival,” giving the space for more than 700 refugee children to enjoy a fun, playful celebration.

GREECE
2022

750 families received two food packages each day during the month, for a total of 1,500 packages.

550 refugee families were provided $50 food vouchers, enough to cover basic groceries for a week or two.
WHO WE REACHED:

IN TOTAL, EMBRACE RELIEF PROVIDED MEALS AND FOOD PACKAGES TO ALMOST 36,000 PEOPLE ACROSS 12 COUNTRIES DURING RAMADAN 2022.

TANZANIA
- 530 FAMILIES
- 6,300 HOT MEALS

GREECE
- 2,600 FAMILIES
- $ 50 DOLLAR FOOD VOUCHER FOR 550 FAMILIES

YEMEN
- 600 FAMILIES
- BREAD FOR 1,400 PEOPLE EVERYDAY FOR 1 MONTH
Your support allowed us to provide food in every corner of the world, as we helped serve hungry people in the following countries:

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<thead>
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<th>Country</th>
<th>Number</th>
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<tbody>
<tr>
<td>Democratic Republic of Congo</td>
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<td>Mali</td>
<td>840</td>
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<tr>
<td>Ukrainian Refugee Families</td>
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